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> is available on our website at

ababcenter.org

Click the Period Supply Tab

A Baby Center is a member of:



alliance for PERIOD supplies



National Diaper Bank Network



For over 60 years, the Cape Cod Council of Churches has served low-income individuals and families throughout Cape Cod, Martha's Vineyard and Nantucket. Our mission, "Serving God by Serving Others", directs our many programs that touch the lives of over 7,500 Cape and Island residents every year without regard for religious affiliation.

Many Thanks to:



Dottie

Free Period Supply Support



An effort to end **Period Poverty** on Cape Cod and the Islands

Made available through

A Baby Center

a program of the Cape Cod Council of Churches

The Initiative

To provide low income clients in need of period supplies with menstrual products. We maintain dignity by offering period supplies, and education, to eliminate the stigma around periods, menstrual products, and period conversations. Services are provided for free and without the regard for religious affiliation.

Items May Vary According to donations



We Provide

Clients may receive period supplies once every 30 days. At your visit we will offer you a variety of period supply items including but not limited to tampons, pads, liners, and panties in an assortment of sizes. You can fill out a discrete needs card at the time of your visit.

The Dottie Welcome Kit

Each new Dottie Welcome kit includes a discrete zipper bag for you to carry your supplies, assorted period supplies, two undies, and cleansing wipes. After you register with the program you may come back once every 30 days for supplies.

A reminder that product is available as it is donated.

Who Qualifies

Clients of A Baby Center. If you need diapering products, basics for your babies and period supplies please go to our website at ababycenter.org and click "Book Now" We will be happy to help you . Clients must qualify through WIC or through receiving other financial or government assistance.

Donations

Donations are gratefully accepted. Period supplies can be dropped off during open hours. All period supplies must be new and unopened. Requested items are: Pads, Liners, Tampons, and Hygiene wipes, *Underwear.- New with tags